THE NATIONAL ANTHEM

God save our gracious King, long live our noble King,

God save the King.

Send him victorious,

happy and glorious,

long to reign over us:

God save the King.

WELCOME TO CRYSTAL MCALLISTER

A very warm welcome to Crystal McAllister, who will be taking our Act of Remembrance at Wymondham this week, allowing me to take services elsewhere this morning. I am very grateful for her ministry.

NIGHT PRAYER

Tuesdays | 9:00 pm | Zoom

These quiet and contemplative services focus on the Gospel of the day, and feature silence and music—all to help settle our minds and hearts at the end of the day. If you would like to join, please email for details.

MINISTRY TEAM CONTACT DETAILS

The Revd. David Cowie

Priest-in-Charge

A: 7 Sycamore Lane, Wymondham, LE14 2AZ

E: revd.david.cowie@gmail.com

—— M: 07377 873837

Mrs Jean Lee

Associate Minister | South Framland

A: 12 Timber Hill, Sewstern, NG33 5RH

E: jean.lee2023@hotmail.com

T: 01476 861286 M: 07803 255365

Mrs Barbara Guntrip

Associate Minister | High Framland

A: 9 Main Street, Branston, NG32 1RY

E: barbara.guntrip@gmail.com

T: 01476 879065 M: 07747 011942

UPCOMING SERVICES

Sunday 10th November 2024

Remembrance Sunday

9:00 am Act of Remembrance with Holy

Communion | Sproxton

Joint service held with the parish of Saltby.

10:45 am Act of Remembrance | Sewstern

10:50 am Act of Remembrance | *Branston* 10:50 am Act of Remembrance | *Knipton*

10:50 am Act of Remembrance | Wymondham

3:00 pm Act of Remembrance | Croxton Kerrial

Tuesday 12th November 2024

9:00 pm Night Prayer | Zoom

Sunday 17th November 2024

The Second Sunday before Advent

9:00 am Holy Communion | *Harston* 11:00 am Holy Communion | *Wymondham*

Tuesday 19th November 2024

9:00 pm Night Prayer | Zoom

Sunday 24th November 2024

Christ the King

9:00 am Holy Communion | Wymondham

11:00 am Morning Prayer | Sproxton

Tuesday 26th November 2024

9:00 pm Night Prayer | Zoom

Sunday 1st December 2024

The First Sunday of Advent

9:00 am Holy Communion | Sproxton

11:00 am Holy Communion | Buckminster

1:00 pm Holy Baptism | Wymondham

6:00 pm Advent Vigil | Wymondham

Tuesday 3rd December 2024

9:00 pm Night Prayer | Zoom

Sunday 8th December 2024

The Second Sunday of Advent

9:00 am Holy Communion | Croxton Kerrial

9:00 am Morning Prayer | Sewstern

11:00 am Morning Prayer | Wymondham

6:00 pm Carol Service | Wyfordby

Tuesday 10th December 2024

9:00 pm Night Prayer | Zoom





THE BENEFICE OF SOUTH FRAMLAND & THE HIGH FRAMLAND PARISHES

THE PARISH BULLETIN

SHARING GOD'S LOVE WITH THE VILLAGES OF BRANSTON, BUCKMINSTER, COSTON, CROXTON KERRIAL, EDMONDTHORPE, GARTHORPE, HARSTON, KNIPTON, SALTBY, SAXBY, SEWSTERN, SPROXTON, STAPLEFORD, WYFORDBY AND WYMONDHAM



Remembrance Sunday

Sunday 10th November 2024

Gathering Sentence

Jonah 3.10

When God saw how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them.

The Collect

Almighty Father, whose will is to restore all things in your beloved Son, the King of all: govern the hearts and minds of those in authority, and bring the families of the nations, divided and torn apart by the ravages of sin, to be subject to his just and gentle rule; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

(or)

God, our refuge and strength, bring near the day when wars shall cease and poverty and pain shall end, that earth may know the peace of heaven through Jesus Christ our Lord. **Amen.**

Old Testament Reading

Jonah 3.1-5, 10

A reading from the Book of Jonah.

The word of the LORD came to Jonah, saying, 'Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you.' So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, 'Forty days more, and Nineveh shall be overthrown!' And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Hear what the Spirit is saying to the Church. **Thanks be to God.**

Responsorial Psalm

Psalm 62.5-12

Refrain: On God alone my soul waits in stillness.

Wait on God alone in stillness, O my soul; for in him is my hope. He alone is my rock and my salvation, my stronghold, so that I shall not be shaken. **R**

In God is my strength and my glory; God is my strong rock; in him is my refuge. Put your trust in him always, my people; pour out your hearts before him, for God is our refuge. ${\bf R}$

The peoples are but a breath, the whole human race a deceit; on the scales they are altogether lighter than air. Put no trust in oppression; in robbery take no empty pride; though wealth increase, set not your heart upon it. **R**

God spoke once, and twice have I heard the same, that power belongs to God. Steadfast love belongs to you, O Lord, for you repay everyone according to their deeds. **R**

Epistle Reading

Hebrews 9.24-28

A reading from the Letter to the Hebrews.

Christ did not enter a sanctuary made by human hands, a mere copy of the true one, but he entered into heaven itself, now to appear in the presence of God on our behalf. Nor was it to offer himself again and again, as the high priest enters the Holy Place year after year with blood that is not his own; for then he would have had to suffer again and again since the foundation of the world. But as it is, he has appeared once for all at the end of the age to remove sin by the sacrifice of himself. And just as it is appointed for mortals to die once, and after that the judgement, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin, but to save those who are eagerly waiting for him.

Hear what the Spirit is saying to the Church. **Thanks be to God.**

Gospel Acclamation

Alleluia, alleluia.

'I give you a new commandment,' says the Lord: 'Love one another as I have loved you.'

Alleluia.

Gospel Reading

Mark 1.14-20

Hear the Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake—for they were fishermen. And Jesus said to them, 'Follow me and I will make you fish for people.' And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

This is the Gospel of the Lord.

Praise to you, O Christ.



Communion Sentence

Mark 1.17

Jesus said to Simon and his brother Andrew, 'Follow me and I will make you fish for people.' And immediately they left their nets and followed him.

Prayer after Communion

God of peace, whose Son Jesus Christ proclaimed the kingdom and restored the broken to wholeness of life: look with compassion on the anguish of the world, and by your healing power make whole both people and nations; through our Lord and Saviour Jesus Christ. **Amen.**